

MFD/DIB

4 June 2018



Dear Parent

**RE: Year 5 Health and Wellbeing Day at Sarum Academy**

Year 5 will be attending a Wellbeing Day on Friday 29 June at Sarum Academy. The event will begin at 9:00am and finish at 2:15pm. The theme for the day is Health and Wellbeing. During the day your child will have the opportunity to participate in various educational activities all of which have a focus on improving their health and wellbeing. Your child will look at the effects of exercise on the body and complete fitness tests in PE, they will experience Mindfulness in PSHCE and they will be making healthy snacks in the Food Technology room. Your child does not need to bring their PE kit.

Your child will have the opportunity to purchase a hot meal at lunch time or they can bring a packed lunch if they would prefer. The cost of a hot meal with a dessert is £2.10. Please indicate on the reply slip below if your child would like to purchase a hot meal and if they have any allergies or dietary requirements. Throughout the day we will be taking photographs for a PowerPoint display at the end of the day. If you do not wish your child to be photographed please indicate this on the reply slip below.

This is an event run by Sarum - therefore, no staff will be attending from Wilton and Barford Primary School.

If you have problems getting your child to or from this event then please ask another parent in the first instance. If you are still having trouble, then please contact Mrs Archard, the Year 5 teacher, who may be able to arrange transport.

We are very much looking forward to meeting you and your child on Friday 29 June.

Yours sincerely,

Mrs K Milford  
Assistant Headteacher/Director of Learning Needs

**Sarum Academy Year 5 Health and Wellbeing Day Friday 29 June 2018**

Childs Name:.....Current School:.....

Medical information (allergies etc).....

My child will/will not be purchasing a hot meal (delete as appropriate)

My child is entitled to free school meals  (please tick)

I do/do not give permission for my child to be included in photographs (delete as appropriate)

Parent Name:.....(Please print) Contact number:.....

Signature:.....Date:.....