

TRIPLE P EVENING PARENTING SUPPORT COURSE



We are holding a Triple P Evening Parenting Support Course at **Manor Fields Primary**. The course will run on the following Tuesdays:

8th May 2018 – 19th June 2018 (excluding Tuesday 29th May 2018) 6.00pm – 8.00pm

The course aims to support you in the important yet sometimes challenging job of raising children in today's society. All sessions are relaxed and informal and will cover the following topics:

Causes of childhood behaviour

Promoting a positive relationship with your child, managing conflict and stress

Parenting styles, finding time for yourself as a parent and more!!

For more details or to book a place please call **Debbie Newman (Family Link Partner)** on **07752 158 827**

